



Post Surgical Wound Care Instructions

- Leave the original bandage in place for 24 hours. If it gets wet, you may change it. Wait 24 hours before showering, bathing, or shampooing the wound area.
- Change the dressing daily.
- Cleanse the wound with gentle soap and water. Use cotton tipped swabs (Q-tips) and gently clean away any crust or dried blood.
- Dry the wound with gauze or Q-tips, followed by a thin layer of vaseline.
- Cover the wound with a non-adhesive dressing, such as Telfa or band-aid.
- If you had surgery on the head, reduce swelling by sleeping on an extra pillow.
- If you had surgery near your eye, you may have bruising (black eye) for a few days. Ice packs may help.
- If bleeding occurs, apply firm pressure for 15-20 minutes. Ice packs may help. Repeat this procedure until bleeding is controlled.
- Tylenol or extra-strength Tylenol is recommended for pain. Please feel free to contact us at 256-571-8770 if site develops fever, increased pain, swelling, or frank pus.